

Forgot to take your pills?

Condom broke?

Forced to have sex?

Emergency Contraception — also called the Morning After Pill, Plan B[®], or EC — can *prevent pregnancy* when taken up to 5 days after unprotected or unwanted sex.

Are you age 18 or older?

You can ask your pharmacist for a pill called “Plan B®.” You can buy this pill in the drug store. You don’t need a doctor’s prescription to buy it.

If you can't afford the high cost of Plan B® (\$45-\$50), visit a family planning clinic or a county health department where you can get it at a lower cost or for free.

Are you under age 18?

If you are not 18 years old, you will need a prescription from a doctor for the Plan B® pill. Go to a family planning clinic, a county health department, or your doctor and ask for a pill called “Plan B®.”

Or go to a website called www.not-2-late.com to find a doctor near you who can write the prescription.

If you can't get to the drug store right away...

You can have a friend or family member pick up Plan B® for you – as long as they are age 18 or older. Both men and women can buy Plan B®.

